

MASTERS SWIM PROGRAM

Masters swimming is for anyone 18 years and older. Our coaches and instructors teach:

Swim Lessons
Adult Fitness Swimming
Competitive Swimming
Open Water Swimming
Triathlon Swimming

Our goal is to help you achieve your swimming and fitness goals. Join us for expert coaching, technique instruction, camaraderie and much more!

For more information or to join:

Brenham Masters (BTMS) Teresa McGlasson - Coach

Email - brenhammasters@gmail.com

Practice Times: Mon - Thurs 6pm - 7pm

Monthly Coaching Fee - \$40

One Week Free Trial Offer

Current Pool Fee is Required.

FIRST PRACTICE: MONDAY OCTOBER 7TH!!!!



Our Masters program is registered and/or affiliated with U.S. Masters Swimming, the national governing body for adult swimming. As a USMS member, you are covered by USMS insurance in practices and you may compete in USMS pool, open water and fitness events. All USMS members receive *SWIMMER* magazine and are eligible for special offers from sponsors, plus full access to all online training and social resources and much more! Visit usms.org or our club website for more information.